



HEALTHY POSTURE – HEALTHY HORSE  
HEALTHY POSTURE – HEALTHY RIDER™

FEATURED SPEAKER: Jillian R. Kreinbring, MS  
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## Supporting the Horse & Rider LLC Presents The 6th Annual Symposium for the Enhancement of Horses & Riders

Featured speaker, Jillian R. Kreinbring, M.S., is one of the world's leading expert's in postural muscle development of horses. Lectures and demonstrations will focus on building and improving healthy posture through proprioceptive input in horses that are healthy, injured, and aged.



### Please Join Us As We Learn To:

- o Explore the difference between cybernetic and global muscles.
- o Identify poor postural patterns
- o Help horses, with supportive exercises, to recover from injuries, rider asymmetries, poor training practices, inadequate nutrition, stressful environments, ill-fitting tack, etc.
- o Properly develop (or redevelop) the postural system of the horse

#### ABOUT JILLIAN KREINBRING

Jillian studies with Manolo Mendez, Peggy Cummings, Stephanie Milham, and the late Mark Russell. She has a Masters of Science degree from the University of Wisconsin Madison. Her research focused on muscle development of the equine neck as it relates to posture. To learn more about our speaker, please visit [www.JillianKreinbringInspired.com](http://www.JillianKreinbringInspired.com) or find JK Inspired on Facebook.

#### FOR YOUR COMFORT

- o Please bring your own chair to the event. Some chairs will be available for those coming from out of town.
- o Food will be available for purchase from Coalesce Juicery

### REGISTER NOW!

Cost **\$125 if received by March 1st | \$150 after March 1st**

Dates & Times	Location	Host
<b>April 5 th &amp; 6th, 2019</b>	<b>At Espiritu del Viento</b>	<b>Julie Staub</b>
<b>9 AM - 5 PM Daily</b>	<b>25861 Fleck Rd.</b>	<b>Supportingthehorseandrider.com</b>
<b>April 7th - Lesson Day</b>	<b>Veneta, OR 97487</b>	<b>541-968-2669</b>